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Marriage Enrichment Retreat

hosted by Germantown Presbyterian Church

COUPLES – Mark your calendars to join us for the first GPC Marriage Enrichment Retreat in over 25 years! Saturday, March 23rd – 9 a.m. – 3 p.m. at Windyke Country Club, [8535 Winchester Rd, Memphis, TN 38125.](#)

GPC is offering an extremely valuable and educational one-day workshop titled Hold Me Tight®, which will be presented by Rev. Michael B. Taylor and our own Rev. Susan Carter Wiggins, both ministers *and* Licensed Marriage and Family Therapists. The workshop will be a wonderful opportunity to enhance and enrich your marriage, and grow your relationships even closer.

The Hold Me Tight® Workshop was developed by Dr. Sue Johnson and is designed around seven conversations, all of which have been shown to be essential to successful relationships. You will learn how to understand and improve your relationship through presentations by the workshop leaders, private exercises and conversations with your spouse and by watching video demonstrations of other couples. This conversational workshop moves couples into being more accessible, emotionally responsive, and deeply engaged with each other.

Don't miss this opportunity for your own marriage to be nourished and refreshed. We promise that you will not be disappointed!

Registration opens February 1, 2019 – both online at www.germantownpres.org and via hard copy form and check. The cost per couple is \$60. Space is limited, and while we do plan to offer this to our neighboring churches, **GPC COUPLES ARE AFFORDED EARLY REGISTRATION FEBRUARY 1-15, 2019.** Scholarships are available by contacting Rev. Wiggins at susiew@germantownpres.org.



REV. MICHAEL B. TAYLOR, MDIV., LMFT

Michael is a dynamic presenter, consistently receiving excellent reviews for his informative and engaging content. He speaks on a variety of topics, including communication, marriage, addiction issues, motivational topics and employee concerns. He has appeared on local television discussing couples issues and stress management. WFPL's State of Affairs has archived recordings on the web of presentations on "Kids & Depression", "Parenting Teenagers", and "Dealing with Holiday Stress".

Michael has been in the mental health field for over 30 years, specializing in couples therapy and treatment of adolescents and adult trauma victims, as well as adults with depression & anxiety issues. He is certified in Emotionally Focused Therapy for Couples Counseling (EFT is the latest research-based treatment for couples available, with over 75% success rate). He is co-facilitator of a Victims of Infidelity therapy group, and is trained in hypnosis therapy.

- Practicing as a licensed Marriage and Family Therapist in Kentucky since 1997
- Masters of Divinity in Pastoral Counseling from Southern Baptist Theological Seminary
- Post-masters certification in Marriage and Family Therapy from the University of Louisville.
- Clinical Member, American Association of Marriage and Family Therapists
- Member, Kentucky Association for Marriage and Family Therapists.
- Former Director of Counseling for the Highlands Community Ministries school-based programs.
- Ordained Southern Baptist Minister
- Member/Supervisor: International Center for Excellence in Emotionally Focused Therapy



REV. SUSAN CARTER WIGGINS, MDIV., LAMFT

Pastor Susie is the Associate Pastor for Congregational Care for Germantown Presbyterian Church, with her primary focuses on the care of the people at GPC. She is also a Licensed Associate Marriage and Family Therapist, and a former hospital chaplain. Pastor Susie uses her gifts and talents of pastoring, counseling, and chaplaincy as she daily tends to, cares for, and meets the needs of, GPC's 700+ parishioners, walking beside each one, according to their particular needs, in their journeys of life and faith.

- Associate Pastor for Congregational Care for Germantown Presbyterian
- Masters of Divinity, Louisville Presbyterian Theological Seminary
- Masters of Marriage and Family Therapy, Louisville Presbyterian Theological Seminary
- Pre-Fellow, American Association of Pastoral Counseling
- Member, American Association of Marriage and Family Therapists
- Member, Tennessee Association of Marriage and Family Therapists
- Ordained Minister of Word and Sacrament, Presbyterian Church (U.S.A.)